

Shorehaven Strength & Fitness Center Reopening F.A.Q.

- When are we opening?
 - We will allowing individuals to come use the fitness room and equipment starting on June 22.
- Will the pool be open?
 - Currently the Wisconsin Department of Health has recommended that public pools remain closed. As such the pool will remain closed at this time.
- Are punch cards still valid for classes?
 - Any punches that you had prior to the closing will remain valid and useable.
- Do you have to wear a mask?
 - When entering the facility and undergoing the screening process we do currently ask that you wear a mask. We will not require masks while actively exercising.
- Can we use the lockers?
 - At this time the locker rooms are not conducive to social distancing so the lockers will not be available. There will still be access to bathrooms and space will be provided for personal items. We recommend bringing the least amount of items necessary to safely work out.
- How often can I use the fitness room?
 - When signing up for exercise times will be available for each individual cardio machine. Unfortunately at this time you will only be able to use one cardio machine per time slot. The weight machines will be properly spaced to use.
- How is the facility being cleaned?
 - As a staff we are increasing the number of times we are cleaning the fitness center. At a minimum staff will go through and wipe down all of the machines at least 4 times throughout the day on top of our previous cleaning procedures.
- What is being used to clean the facility?
 - We will be using a peroxide cleaning solution spray for both staff cleaning procedures and for members. There will no longer be wipes available for members to clean their machines but instead spray bottles and disposable wipes.
- What is expected of members?
 - We ask that you do not come to the facility if you are experiencing any negative symptoms or if anyone in your household is as well. If you have been exposed to any individual who has been diagnosed with COVID-19 we also ask that you stay home for at least 14 days to ensure you will not pass on any negative symptoms. We will also be asking that all members spray down and clean every machine that they use.
- How do I sign up for exercise or classes?
 - We ask that you make an account on Mindbody.io which you can then use to sign up for exercise slots. Instructions can be found on the Shorehaven Strength & Fitness Center Facebook page or on YouTube at <https://www.youtube.com/watch?v=q4KYpsiQy7Q&t=12s>